Sharp-tailed Grouse (Tympanuchus phasianellus) population dynamics and restoration of fire-dependent northern mixed-grass prairie

Robert K. Murphy\textsuperscript{1,2,*} and Karen A. Smith\textsuperscript{1,3}

\textsuperscript{1}United States Fish and Wildlife Service, Des Lacs National Wildlife Refuge Complex, Kenmare, North Dakota 58746 USA
\textsuperscript{2}Current address: Eagle Environmental, Inc., 12 Longview Road, Sandia Park, New Mexico 87047 USA
\textsuperscript{3}Current address: 8210 88th Street NW, Kenmare, North Dakota 58746 USA
*Corresponding author: murph@eagleenvironmental.net


Abstract

Case studies of Sharp-tailed Grouse (Tympanuchus phasianellus) population dynamics before and during re-introduction of fire to northern mixed-grass prairies that lacked fire for multiple decades are unavailable. At a 108-km\textsuperscript{2} northern mixed-grass prairie refuge in North Dakota, fire was suppressed from the early 1900s through late 1970s. Nine management units (total area 16.8 km\textsuperscript{2}, 15.7% of the refuge) received initial prescribed fire treatments during 1979–1984. The mean annual density of male Sharp-tailed Grouse attending leks on these units during 1981–1985 (9.0 males/km\textsuperscript{2}) was twice that on the same units during 1961–1965 (4.2 males/km\textsuperscript{2}), amid the fire exclusion era; nonoverlap of 90% CIs encompassing the means suggested a significant treatment effect. However, densities of males on units managed without prescribed fire during 1961–1965 and 1981–1985 did not change between the two periods. By 1987, fire had been re–introduced to >50% of the refuge overall. Mean annual abundance (i.e., total numbers) of lekking males on the entire refuge did not differ between 1961–1965 and 1981–1985 but was significantly greater during 1989–1993 than during 1961–1965 and 1981–1985. Changes in density and abundance of lekking males coincided with fire-induced reductions in woody cover and increases in herbaceous cover. Our study illustrates the marked capacity of Sharp-tailed Grouse to respond to reductions of tree and shrub cover resulting from prescribed fire in northern mixed-grass prairie and the species’ attraction to habitat disturbance in general.

Key words: Sharp-tailed Grouse; Tympanuchus phasianellus; northern mixed-grass prairie; prairie management; prescribed fire; North Dakota

Introduction

During the 1900s, tree and shrub cover increased markedly on present-day national wildlife refuges in the northern mixed-grass prairie (NMGP) region of North America’s Great Plains, mainly due to fire suppression (Grant and Murphy 2005). Fire-intolerant Trembling Aspen (Populus tremuloides Michaux), Silverberry (Elaeagnus commutata Bernhardi ex Rydberg), and Western Snowberry (Symphoricarpos occidentalis Hooker) were common tree and shrub species that proliferated. Some species of grassland-dependent passeriform birds that breed on the refuges became rare or absent in areas invaded by trees and shrubs (Madden et al. 1999; Grant et al. 2004; Murphy and Smith 2007). Sharp-tailed Grouse (Tympanuchus phasianellus), a conspicuous member of the NMGP breeding bird community, may abandon landscapes that become invaded by trees and shrubs in the absence of fire, e.g., in Aspen Parkland (Caldwell 1976; Moyles 1981; Berger and Baydack 1992). However, there are no published reports of changes in numbers of the species during years encompassing prescribed fires to restore grassland landscapes invaded by woody vegetation in the NMGP region.

While compiling a case study on the management of 108-km\textsuperscript{2} Lostwood National Wildlife Refuge (LNWR), centred in the NMGP region, we found that data on annual counts of Sharp-tailed Grouse and concurrent records of fire re-introduction to the area after roughly 60 years of fire exclusion could contribute to the knowledge of fire’s role in Sharp-tailed Grouse management. Moreover, the case study could be supported by published data on changes in dominance of woody versus herbaceous vegetation associated with prescribed fire on the refuge (Madden et al. 1999; Murphy and Smith 2007; Smith and Murphy 2007) given a major refuge management objective: to restore the historic (before settlement by Euro-
American peoples) balance of woody versus herbaceous vegetation to favour native grassland bird species and other native wildlife (U.S. Fish and Wildlife Service 1998). Our first study objective, carried out at a local spatial scale, was to compare the density (i.e., number/km²) of lekking male Sharp-tailed Grouse on prairie management units during 1961–1965, amid the fire exclusion era, to the density of lekking males on the same units under initial prescribed fire treatments during 1981–1985. Our second study objective, pursued at a landscape scale, was to compare overall abundance (i.e., total number) of lekking male Sharp-tailed Grouse on all of LNWR among three 5-yr periods: (1) 1961–1965, amid the fire exclusion era; (2) 1981–1985, the initial fire re-introduction period; and (3) 1989–1993, after >50% of the refuge had been treated by prescribed fire at least once. As part of this objective, we also examined relationships between abundance or density of lekking male Sharp-tailed Grouse and fire history, i.e., number of fires conducted, across management areas of the entire refuge.

Methods

LNWR, in Burke and Mountrail counties, northwestern North Dakota (48.617°N, 102.450°W), is rolling to hilly native prairie (55% of refuge area) and tame grasslands (21%) interspersed with about 4000, 0.1- to 224-ha wetlands (20%; Murphy 1993). Before settlement by Euro-Americans in the early 1900s, the upland landscape was mixed-grass prairie dominated by needlegrasses (Nassella viridula [Trin] Barkworth, Hesperostipa comata Oldham and Brinker, Heterostipa spartea [Trin] Barkworth), Western Wheatgrass (Pascopyrum smithii [Rydberg] Á. Löve), Blue Grama (Bouteloua gracilis [Kunth] Lagasca ex Griffiths), and a variety of native forb species (Barker and Whitman 1988). Shrubs probably covered ~5% of the uplands and trees were rare (U.S. Soil Conservation Service 1975). Patches of tree-size Trembling Aspen began to appear by the 1930s (as detected in aerial photos) after 10–20 years of active fire suppression (Murphy 1993). The density and mean size of aspen patches on LNWR increased from 1.5 patches/km² and 0.13 ha in the mid–1930s, when the refuge was established, to 4.8 patches/km² and 0.36 ha in the early 1980s, respectively. Shrub cover dominated by Western Snowberry increased from ~25% in the mid–1930s to >50% by the early 1980s.

Counts of lekking male Sharp-tailed Grouse can yield reliable population indices if done within narrow constraints with bias accounted for (Drummer et al. 2011). All Sharp-tailed Grouse leks on LNWR were located systematically in early spring annually during 1961–1965 and 1981–1993, following standard guidelines (Kirsch 1956). Each lek had at least two males by definition. To maximize accuracy, males were counted two to four times on each lek between 0.5 h before sunrise to 2 h after sunrise during mid-April through early-May, encompassing the peak period of lek attendance by breeding hens in the region (Connelly et al. 1998). Males on some leks could be counted by observation with binoculars from nearby hilltops. Most leks, however, were higher than their surroundings such that some or most males could not be viewed directly from any single location. In such a case, the observer crept to within ~3–10 m of the lek’s edge and listened to determine whether females were present; acoustic displays by male Sharp-tailed Grouse on leks are distinctly more intense when females are there (Connelly et al. 1998). If females were present, they would flush immediately when the observer stood slowly. In contrast, males typically hesitated to flush for several seconds after all females flushed, then flushed and flew together in a cohesive flock. The flocked males typically could be counted by the observer at least twice before landing or flying from view. The same procedure would be followed at the respective lek on at least one other morning until counts of total males on the lek were consistent among mornings.

To address our first objective of comparing the density of lekking male Sharp-tailed Grouse on management units during 1961–1965 to the density of lekking males on the same units during initial prescribed fire treatments ~20 years later, we used concurrent changes in densities of lekking males on units not prescribe-burned as a baseline for comparison. Relying on refuge records, we categorized the 1940–1985 management history of units as either (1) grazed by cattle <19 years; (2) grazed by cattle >29 years; (3) prolonged rest; (4) treated by prescribed fire during 1979–1984; or (5) burn perimeter (Table 1, Figure 1). Prescribed fires at LNWR were conducted by using a surround technique, described in Murphy and Smith (2007). Most fires consumed >80% of above-ground vegetation (Table 2). We categorized the area within 0.8 km of burn units as burn perimeter (a mix of grazed <19 years, grazed >29 years, and prolonged rest categories; Figure 1) because prescribed fires could indirectly influence densities of lekking male Sharp-tailed Grouse on adjacent management units, and 0.8 km approximates the mean distance between the species’ leks and nest sites (reviewed in Connelly et al. 1998).

We could not formally test for differences in density of lekking male Sharp-tailed Grouse among management history categories because management treatment types were not assigned randomly to the various units, and prolonged rest and burn perimeter categories were represented by only one and
two units, respectively (Table 1). Our conclusions were thus limited. We considered, however, that tentative evidence of a treatment effect might be implied for a given management history category if 90% CIs around the respective 1961–1965 and 1981–1985 mean densities did not overlap. Moreover, our approach to assessing male Sharp-tailed Grouse density in relation to prescribed fire included counts of lekking males on all prescribed fire units each spring, such that in a given spring, residual vegetation was

<table>
<thead>
<tr>
<th>Unit category</th>
<th>Number of units</th>
<th>Total area (km²)</th>
<th>Management history description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grazed &lt;19 years*</td>
<td>3</td>
<td>13.8</td>
<td>Grazed by cattle at light stocking rates (0.4–0.6 Animal Unit Months/ha) during July–October every 1–4 years during 1940–1979 and rested during 1980–1985</td>
</tr>
<tr>
<td>Grazed &gt;29 years†</td>
<td>3</td>
<td>16.0</td>
<td>Grazed by cattle at light stocking rates (0.4–0.6 Animal Unit Months/ha) during July–October every 1–2 years during 1940–1979 and rested during 1980–1985</td>
</tr>
<tr>
<td>Prolonged rest</td>
<td>1</td>
<td>7.1</td>
<td>Not grazed or prescribe-burned</td>
</tr>
<tr>
<td>Burned 1979–1984</td>
<td>9</td>
<td>16.8</td>
<td>Rested and periodically grazed 1940–1978 then prescribe-burned one, two, or three times in late spring or summer during 1979–1984, with 2–3 years between prescribed fires on units burned two or three times‡</td>
</tr>
<tr>
<td>Burn perimeter</td>
<td>2</td>
<td>19.2</td>
<td>Not prescribe-burned; a mix of grazed &lt;19, grazed &gt;29, and prolonged rest categories</td>
</tr>
</tbody>
</table>

*Range 11–18 years.  †Range 30–36 years.  ‡Table 2 presents detailed 1979–1984 fire treatment history for each unit.
limited on units that had been burned the previous summer. This provides for a conservative picture of the species’ response to prescribed fire because in the first spring after summer fires, vegetation on LNWR is relatively short and sparse (Madden et al. 1999), less than optimal for females seeking nest sites. Because male Sharp-tailed Grouse compete for space on leks near areas frequented by females seeking ideal nesting cover (Gratson 1988), lek attendance by males is likely to be reduced during the first spring after summer fires. We acknowledge that small numbers of male Sharp-tailed Grouse may not attend leks in some years or do so infrequently (Gratson et al. 1991) but believe this possibility would negligibly influence our conclusions.

During 1986–1993, following the initial prescribed fires, incrementally greater proportions of LNWR were treated by prescribed fire such that units lacking prescribed fire histories including burn perimeter became less and less available. This change hindered longer-term comparison of male Sharp-tailed Grouse density among management history categories. We could, however, assess landscape-level changes in abundance (i.e., total numbers) of lekking males is likely to be reduced during the first spring after summer fires. We acknowledge that small numbers of male Sharp-tailed Grouse may not attend leks in some years or do so infrequently (Gratson et al. 1991) but believe this possibility would negligibly influence our conclusions.

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We therefore consider the 1989–1993 period as a landscape-level prescribed fire period (hereafter the Landscape Fire period). In a similar vein, we hereafter refer to the 1961–1965 period, that neared the end of ~60 years of fire suppression, as the Fire Exclusion period, and the 1981–1985 years associated with initial prescribed fire treatments as the Initial Fire period.

During the mid-1980s, LNWR was partitioned into 20 “management blocks” (MBs) averaging 4.7 km² in area (SE = 1.0, range = 0.6–22.7). To assess whether total abundance of lekking male Sharp-tailed Grouse on LNWR changed between any two
of the three time periods, we first combined small (<5 km$^2$), adjoining MBs into five MB groups composed of two to four MBs each. Each of five other “groups” were represented by one large MB. Thus, a total of 10 MB groups were available to provide adequate sample sizes for a matched-pairs analyses of temporal change in abundance of lekking male grouse. We next summed the total number of lekking males in each MB group, for each year in each of the three time periods, then calculated the mean annual abundance of lekking males for each MB group by period. To test for a difference in total abundance between two given periods, we paired the periods’ annual means for each MB group and used the non-parametric Wilcoxon matched-pairs signed-ranks test (Daniel 1990) to assess whether overall means of the paired observations differed. Specifically, we used a two-tailed version of the test with $\alpha$ set at 0.1 to determine whether total abundance of lekking male Sharp-tailed Grouse differed between (1) the Fire Exclusion and Initial Fire periods, (2) Initial Fire and Landscape Fire periods, and (3) Fire Exclusion and Landscape Fire periods. A one-tailed test would seem appropriate based on knowledge that Sharp-tailed Grouse abundance can increase when prescribed fire is incorporated into the habitat disturbance regime (Kirsch and Kruse 1972; Kirsch et al. 1973). However, one-tailed Wilcoxon tests performed with small sizes, as in our case (10 matched pairs), can result in incorrect $P$-values (Mundry and Fischer 1998), so we used the more conservative two-tailed approach. Before conducting the tests, we plotted distributions of the differences between pairs and found the distributions to be reasonably symmetrical, an assumption of the Wilcoxon signed-ranks test (Daniel 1990).

Finally, we categorized each MB by the number of prescribed fires (i.e., fire history) applied to it during 1979–1992, from none up to four (Figure 2). However, most area covered by two MBs in a three or four burns category also was treated with intensive, prolonged grazing by cattle during two and three (respectively) late spring-early summer seasons of the Landscape Fire period. So, we placed them in a unique fire history category named “3 or 4 Burns plus Grazing” (3+G in Figure 2). The 22.7-km$^2$ unit that experienced a severe wildfire in August 1988 was placed in its own MB category, named “1 Burn plus 1 Wildfire” (1+W), because the wildfire event distinguished it from other MBs; this MB also was unique due to its large size, nearly four times larger than any other. We used non-overlap of 90% CIs encompassing means as tentative evidence of differences in abundance of lekking male Sharp-tailed Grouse among fire history categories in different periods. We also calculated period-specific densities of lekking male Sharp-tailed Grouse for each fire history category.

**Results**

Based on non-overlapping 90% CIs (Figure 3), the mean annual density of lekking male Sharp-tailed Grouse on prairie management units that were treated by prescribed fire during the Initial Fire period was more than double what it was on the same units ~20 years earlier, during the Fire Exclusion period. Meanwhile, densities of lekking males did not differ between the periods on rested, grazed, and burn perimeter units, based on substantial overlap among 90% CIs (Figure 3).

Across all of LNWR, the mean annual abundance of lekking male Sharp-tailed Grouse did not differ be-

**Figure 2.** Number of prescribed fires applied during 1979–1992 on management blocks at Lostwood National Wildlife Refuge in northwestern North Dakota. Wildfires had been effectively suppressed on the area before 1979. Management block boundaries were designated during the mid-1980s.
between the Fire Exclusion and Initial Fire periods ($W^+ = 23.5, n = 10, P = 0.70$; Figure 4). However, mean annual abundance of lekking male Sharp-tailed Grouse across all of LNWR was significantly greater during the Landscape Fire period than during the Fire Exclusion ($W^+ = 7, n = 10, P = 0.04$) and Initial Fire periods ($W^+ = 2, n = 10, P = 0.006$; Figure 4). A 32% increase in mean annual abundance from the Initial Fire to Landscape Fire periods coincided with a substantial rise in the percentage of LNWR treated by prescribed fire at least once, from 6.0–15.7% during 1979–1984 to 53.4–63.1% during 1987–1992 (Figure 4). Up to 1185 lekking males were recorded in one year (1992), representing an overall density of 12.6 males/km$^2$ (based on 94.2 km$^2$ total refuge area excluding major lakes). Most of the increase in total numbers arose from MBs burned once or twice between 1979 and 1992 (Figure 5a). During this period, density of lekking males seemed consistently high across all categories of number of fires experienced (range of means = 9.7 to 10.7 males/km$^2$; range of CIs, ± 1.7 to ± 2.7), except for the “3 or 4 Burns plus Grazing” category, where no lekking males were detected, and the “0 Burns” category (Figure 5b).

**Discussion**

Our case study of the re-introduction of fire to a large tract of NMPG deprived of fire for >60 years and associated changes in density and abundance of lekking male Sharp-tailed Grouse is unique for the NMGP region. It may well illustrate the species’ marked capacity to respond to the reduction of trees and shrubs by prescribed fires in a prairie ecosystem, and to major perturbations in general. During the 1981–1985 Initial Fire period, the mean annual density of lekking males was about two-fold greater on prairie management units receiving initial prescribed fire treatments than on the same units during the Fire Exclusion period two decades earlier, when the units had been managed by prolonged rest or rest and grazing. This increase occurred even though the Initial Fire dataset included many counts of males on units treated by prescribed fire in previous summers. Scattered unburned patches of vegetation may have attracted nesting females to such areas; unburned “skips” comprised a mean of 14.5% of three units burned during 1982–1984 (Kruse and Piehl 1984). Moreover, the lack of change in male densities between the Fire Exclusion and Initial Fire periods on all but the burn units suggests that the increased density of lekking male Sharp-tailed Grouse on burn units can be attributed to the general growth in bird numbers on those units rather than just shifts in locations of males from other units.

In contrast with the markedly increased density of male Sharp-tailed Grouse between the Fire Exclusion and Initial Fire periods on management units in the burn category, we found no evidence of concurrent change in male density on units categorized as either prolonged rest, <19 years grazed, or >29 years grazed. Under the latter management regimes, however, densities likely would have declined during time intervals exceeding two decades, as trees and shrubs continued to displace grass- and forb-dominated prairie. Indeed, in the absence of fire for roughly six decades, much of the NMGP refuge had become aspen parkland, with some 2.59-km$^2$ sections having >15 aspen tree patches (Murphy 1993). In southern Manitoba, Berger and Baydack (1992) documented a severe decline in the number of Sharp-tailed Grouse leks as prairie gradually transformed into Trembling Aspen-dominated forest during only 21 years of fire suppression; on average, the birds abandoned a given lek if forest cover within 1 km exceeded 56%. Tree-size Trembling Aspen cover at LNWR averaged far less, only about 0.6% in 1969 and 0.7% in
Thus, the near-complete removal of aspen trees at LNWR via burning or combinations of grazing and burning (Smith and Murphy 2007) probably contributed less to increases in male Sharp-tailed Grouse abundance than did the conversion of much shrub cover (mainly Western Snowberry and Silverberry) to grass-forb cover types via prescribed fire (Madden et al. 1999).

Such a conversion has been critical in restoring other key members of the refuge’s grassland bird community. For example, the endemic Sprague’s Pipit (Anthus spragueii) and Baird’s Sparrow (Ammodramus bairdii) were absent and rare, respectively, on two 90-ha tracts rested and lightly grazed for >40 years but reappeared and increased after four prescribed fires were conducted during a ~16-year period. These changes coincided with a shift in grass-dominated cover from 45% to 84% and a 33% reduction in overall vegetation height and density (Murphy and Smith 2007).

The increase in Sharp-tailed Grouse density on management units undergoing initial prescribed fire treatments in our case study was consistent with a 32% increase in total abundance of males at the landscape scale during the Landscape Fire period, when >50% of the refuge had been burned at least once. Historically, the fire return interval for the eastern, more mesic part of the NMGP that encompasses LNWR averaged roughly six years (Bragg 1995; Madden et al. 1999). A mosaic of management units under short (2–4 years) and moderate (5–7 years) fire return intervals seems optimal for most native grassland bird species at LNWR (Madden et al. 1999). The heterogenous structure and general composition of vegetation in units managed under these fire return intervals (Madden et al. 1999, 2000) may be ideal for Sharp-tailed Grouse as well. Indeed, the mean annual density of lekking males during the Initial Fire period was high on units treated by prescribed fire even though most units were burned two to three times with only 1–2 years between treatments. Although Sharp-tailed Grouse have a general affinity for frequent disturbance and early successional stages (Kirsch et al. 1973; Connelly et al. 1998), the consistently high mean annual densities of lekking males across MBs of all fire history categories (excluding MBs that also were intensively grazed; Figure 5b) during the Landscape Fire period, suggest that the bird’s abundance in NMGP does not necessarily increase with increasing “fire experience” (sensu Madden et al. 1999), at least during 10- to 15-year periods.

Conclusions about effects of a given fire return interval on the structure and general composition of NMGP—and thus on attractiveness of the habitat for Sharp-tailed Grouse—should be considered tentative, particularly if other types of defoliation treatments are applied between prescribed fires. The type, frequency, duration, and intensity of any such treatments likely influence effects of a given fire return

**Figure 4.** Change in annual abundance, i.e., total number, of male Sharp-tailed Grouse (*Tympanuchus phasianellus*) attending leks in spring at Lostwood National Wildlife Refuge, northwestern North Dakota during three historic time periods in relation to percentage of the refuge treated by prescribed fire at least once beginning in 1979, after ~60 years of fire suppression. Prescribed fires were conducted during late spring through summer. Due to an artificially severe wildfire on a 22.7-km² management block in August 1988, the 1989 count of lekking males was replaced by like data from 1987, following the management block’s first prescribed fire in 1986 (see text). Above each five-year group of columns is the respective group mean ± 1 SE.
interval on prairie vegetation in general, e.g., by reducing fuel loads (Engle and Bidwell 2001). Also, influences of various fire return intervals on vegetation structure and composition may be confounded by the presence of Smooth Brome (Bromus inermis Leysser) and Kentucky Bluegrass (Poa pratensis L.), two introduced, cool-season grass species that have become pervasive in much of the NMGP (Romo et al. 1990; Murphy and Grant 2005). These grasses appear to be increasing regardless of prairie management treatment history (Ellis-Felege et al. 2013; but see Kobiela et al. 2017), a change that may reduce the availability and attractiveness of cover for Sharp-tailed Grouse.

Our comparisons of Sharp-tailed Grouse density and abundance among the Fire Exclusion, Initial Fire, and Landscape Fire periods included some basic components of a before-after-control-impact (BACI) study design, but our overall case study was observational in nature and lacked robust replication. Ideally, a statistically valid experimental design with replication across a more extensive landscape would be used to distinguish effects of habitat management on Sharp-tailed Grouse from confounding, non-management factors, e.g., precipitation extremes. Aldridge et al. (2004) attempted this in an aspen parkland landscape. Regardless, long-term monitoring of Sharp-tailed Grouse abundance at LNWR enables passive

![Image](image_url)
adaptive management of the species’ NMGP habitat (Aldridge et al. 2004).

Acknowledgements
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