A Range Extension of the Atlantic Silverside, *Menidia menidia*, to Coastal Waters of Southwestern Newfoundland

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Previous literature documents Atlantic Silverside, *Menidia menidia*, as occurring from the southern Gulf of St. Lawrence to northeastern Florida. Beach seining in St. George’s Bay, Newfoundland, revealed the presence of this species in coastal waters of southwestern Newfoundland. This is the first documented report of *M. menidia* in Newfoundland waters. This report extends the range of this species north of the Laurentian Channel, a significant biogeographic barrier to small coastal fishes. All *M. menidia* collected were young-of-the-year, less than 90 mm SL (Standard Length). These fish may be representative of a larger relict population originating from the Mid-Hypothermal Interval (7000 years ago) that spawned in St. George’s Bay and migrate offshore for winter. Alternatively, the *M. menidia* may be survivors of a more southern spawning population carried northward by ocean currents.

**Key Words:** Atlantic Silverside, *Menidia menidia*, species distribution, range extension, Newfoundland.

Beginning in autumn 2006, surveys were conducted along the coast of Newfoundland as part of the project “Early Detection and Monitoring of Aquatic Invasive Species in Newfoundland and Labrador in High Risk Areas”. This project was part of the Government of Canada’s Action Plan to Address the Threat of Aquatic Invasive Species (2005). Surveys were conducted collaboratively by representatives of the Federal Department of Fisheries and Oceans (DFO), Provincial Department of Fisheries and Aquaculture, and Memorial University’s Ocean Sciences Centre. The objective was to determine the presence and abundance of non-native species in Newfoundland coastal waters, and whether these species pose ecological or economic threats in the province.

**Materials and Methods**

Surveys for this project included visual beach surveys, scuba surveys around public wharves, setting two or three baited crab pots from wharves, and one or more beach seines adjacent to wharves. One such survey was conducted on the southwest coast of Newfoundland in St. George’s Bay on 18 October 2007. A scuba survey was taken at the public wharf in the community of St. George’s (48°25′49.4″N; 58°29′04.1″W) and a beach seine was set just east of this wharf (48°25′54.3″N; 58°28′54.4″W; Figure 1).

The scuba survey involved a visual survey of the wharf structure and surrounding habitat for non-native organisms. Habitat and environmental conditions of the area were noted. The beach seine used for this project was the same as that described in Laurel et al. (2003) with the exception that a 10 mm stretched mesh liner was sewn into the bag of the net (excluding the cod end). The seine, deployed perpendicular to shore by a 4 m Mark II Zodiac, sampled more than 800 m² of habitat from the substrate to 2 m into the water column (Laurel et al. 2003). The catch was transferred to a plastic commercial “fish box” (80 cm L × 47 cm W × 30 cm H) with seawater and each species was identified, counted and returned alive to the seine site. Unidentified species were retained and preserved in plastic sample jars with 10% formalin added to seawater for later identification. Fish species were identified based on descriptions presented in Scott and Scott (1988) and Able and Fahay (1998).

**Results**

Fishes captured in the beach seine set in St. George’s are listed in Table 1. Eight specimens of Atlantic Silverside, *Menidia menidia* (Linnaeus 1766; Figure 2), were captured, of which three were preserved for confirmation of species identification. Counts of dorsal and anal fin rays (Table 2) identified these specimens as *M. menidia* and distinguished them from *M. beryllina*.

In St. George’s, shoreline substrate consisted primarily of gravel with *Fucus* sp. on small rocks near shore, and patches of Eelgrass, *Zostera marina*, further from shore. At 3 m, approximately the maximum depth sampled by the beach seine, water temperature was 5°C and the upper 2 m was primarily freshwater with a distinct boundary layer, as observed during the scuba survey conducted at the public wharf.
The *M. menidia* specimens were deposited in The Rooms, Provincial Museum of Natural History Annex, 9 Bonaventure Avenue, P.O. Box 1800, Stn. C, St. John’s, Newfoundland and Labrador A1C 5P9 Canada, under Catalogue # PI-44.

**Discussion**

The Atlantic Silverside, *Menidia menidia*, is a schooling species common in brackish marshes, intertidal creeks, and estuaries along coastal waters of the western Atlantic from the southern Gulf of St. Lawrence to northeastern Florida during summer and autumn (Johnson 1975; Scott and Scott 1988; Collette and Klein-MacPhee 2002; Figure 2). *Menidia menidia* is most similar to Inland Silverside, *M. beryllina*, with which it co-occurs from southern Massachusetts to northeastern Florida (Johnson 1974). Counts of dorsal and anal fin rays (Table 2) distinguish these two species and identified the specimens collected in St. George’s as *M. menidia*.

*Menidia menidia* is reported to be an annual species completing its life cycle in one year (Conover and Murawski 1982), although populations near its northern limit apparently have a larger proportion surviving...
to age-2 than southern populations (Jessop 1983). Typically, adults move into estuaries and salt marshes in April or May (Jessop 1983), spawn between May and July (Needler 1940; Cadigan and Fell 1985), and decline in abundance during summer (Cadigan and Fell 1985) before returning to sea between July and October (Jessop 1983). Young-of-the-year begin migrating out of the estuary in September (Jessop 1983), by which time they can grow to 130 mm (total length) (Able and Fahay 1998), depending on location (e.g., Jessop 1983; Rountree and Able 1992; Able and Fahay 1998) and time of hatching (Cadigan and Fell 1985). This offshore migration may be in response to potential stressful and/or lethal water temperatures in shallow estuarine waters during winter (Conover and Murawski 1982). There are exceptions, however, as some individuals remain in estuaries throughout the winter (Collette and Klein-MacPhee 2002) and have even been taken through the ice in Malpeque Bay, Prince Edward Island (Needler 1940). *Menidia menidia* specimens retained from St. George’s (Table 1) were some of the smallest captured in the beach seine, none of which measured more than 90 mm standard length (SL). Based on size and time of capture, specimens appear to be young-of-the-year that had yet to migrate to offshore waters or other parts of St. George’s Bay, where they may overwinter. Young-of-the-year *M. menidia* in St. George’s Bay suggests a local spawning population may occur nearby. Alternatively, *M. menidia* may be survivors from a more southern spawning population that were transported northward into St. George’s Bay by ocean currents. Some species may be found in areas where they do not normally reproduce, being transported as larvae by ocean currents (Markle et al. 1980; Steele 1983) or are summer visitors to Newfoundland waters (e.g., Atlantic Mackeral, *Scomber scombrus*, Bluefin Tuna, *Thunnus thynnus*, various sharks, and cetaceans) (Steele 1983).

Observed habitat and environmental conditions at St. George’s were consistent with those preferred by *Menidia menidia*, as described in the literature. Salinity tolerances for this species range from 23.8 – 32.2% (Briggs and O’Connor 1971). Barker (1993) reported salinity in November 1992 at St. George’s varied from 23.0% at the surface to 31.1% at 6 m depth. *Menidia menidia* occur closer to the bottom during daylight hours (Conover and Murawski 1982). Given that our seining was conducted during the day and that a distinct boundary was observed between the upper and lower saltwater layers, specimens collected at this site likely occurred in the lower, more saline layer. Specimens at St. George’s were collected at 5°C water temperature. Temperature tolerances for this species range from 2.2 – 29.4°C (Briggs and O’Connor 1971) but occur most often between 2 and 6°C (Conover and Murawski 1982). *Menidia menidia* is found frequently in large numbers over sand, gravel (Scott and Scott 1988; Able and Fahay 1998), mud, or peat substrates (Collette and Klein-MacPhee 2002) at depths < 50 m (Conover and Murawski 1982). Young-of-the-year *M. menidia* are most abundant at depths of 1 to 3 m over sandy substrates and where complex habitat includes Eelgrass (Able and Fahay 1998; Mattila et al. 1999). Smaller individuals are found in larger proportions over vegetated habitats (Briggs and O’Connor 1971). *Menidia menidia* use estuarine environ-
ments as spawning sites and feeding sites for juveniles and adults during warmer months (Cadigan and Fell 1985). Vegetated areas within these environments act as nurseries for young-of-the-year (Briggs and O’Connor 1971; Cadigan and Fell 1985; Able and Fahay 1998).

Collection of *Menidia menidia* in St. George’s Bay, constitutes a range extension for this species to coastal Newfoundland waters that are northeast of the Laurentian Channel. The Laurentian Channel is > 400 m deep (Curry 2007) and is a geographic barrier separating the Scotian Shelf and Newfoundland Shelf marine ecosystems (Mahon et al. 1998). Though not a significant barrier to demersal fish species (Mahon et al. 1998), the Laurentian Channel may be a barrier to *M. menidia* that are confined to coastal waters (Scott and Scott 1988) to a maximum depth of 126 m (Conover and Murawski 1982).

In Atlantic Canada, *Menidia menidia* occurs throughout the southern Gulf of St. Lawrence region (Johnson 1975; Scott and Scott 1988; Collette and Klein-MacPhee 2002). Reports of *M. menidia* in this region include the Bay of Fundy (Squires and Gorham 1967; Gilmurray and Daborn 1981; Jessop 1983; O’Connor 2008), the east and southeast coasts of Nova Scotia (O’Connor 2008), off Cape Breton (Cox 1921; DFO 2007; DFO-Fishermen and Scientists Research Society (FSRS) Inshore Ecosystem Project, unpublished data), Prince Edward Island (Needler 1940; Johnston and Morse 1988; Thériault et al. 2006), Magdalen Islands (Cox 1921; P. Nellis, personal communication), along the Northumberland Strait (Thériault et al. 2006, 2007), Mirmichi Estuary (McKenzie 1959; Hanson and Courtenay 1995), Chaleur Bay (Thériault et al. 2006; S. Courtenay, personal communication) and Gaspé Bay (P. Nellis, personal communication). Along central and eastern coasts of Prince Edward Island there has even been a moderate commercial fishery since 1973, mostly for young-of-the-year fish (Cairns 1997). The closest locations from St. George’s (in linear distance), for which *M. menidia* has been previously reported, are Bay St. Lawrence (Deadman’s Pond), Cape Breton, Nova Scotia (Cox 1921) (220 km) and Île du Havre aux Maisons, Magdalen Islands, Quebec (Cox 1921) (265 km). In September 2008, small numbers of *M. menidia* were captured on the north side of the Gulf of St. Lawrence at Havre Bluff and Sept-Îles, Quebec (J-D. Dutil and P. Nellis, personal communications) (see Figure 1). All *M. menidia* from the northern Gulf of St. Lawrence were less than 60 mm total length (P. Nellis, unpublished data) and were likely juveniles. *Menidia menidia* were not observed at sites surveyed along the St. Lawrence River (P. Nellis, personal communication).

*Menidia menidia* has not been previously reported from coastal Newfoundland (Squires 1951; Scott and Crossman 1964; Templeman 1966; Gregory et al. 1997; Metilven et al. 2001; I. Bradbury, personal communication) and Labrador (Backus 1957; Wroblewski et al. 2007). There are no records of specimens in the Newfoundland Provincial Museum of Natural History (R. Batten, personal communication) other than the three specimens deposited from this study. Johnson (1975) did state that *M. menidia* is found as far north as Newfoundland but provided no supporting data. *Menidia menidia* were captured by beach seine at Stephenville Crossing (48°29′13.5″N, 58°25′6″W), less than 10 km from the seine site in St. George’s, on 11 July 1973 (R. Hooper, unpublished data) but this information has not been reported until now. Subsequent beach seining at Stephenville Crossing (48°29′06.20″N, 58°25′06.60″W) on 7 September 2009, resulted in 24 juvenile *M. menidia* (37 – 66 mm SL) being collected in approximately the same area. R. Hooper collected them 36 years earlier. The northeast portion of St. George’s Bay may therefore contain a previously undescribed spawning population.
Species distributions are often disjunct and discontinuous in coastal areas from Labrador to southern New England (Bousfield and Thomas 1975; Hooper et al. 2002). Warm-water species typically require relatively high water temperatures for reproduction and/or growth and reproduce in late spring and summer (Bousfield and Thomas 1975). As a result, many warm-water species have restricted distributions in Atlantic Canada (Bousfield and Thomas 1975; Steele 1983; Hooper et al. 2002), which appears consistent with *Menidia menidia* (Needler 1940; Cadigan and Fell 1985). As explained by Bousfield and Thomas (1975), during the Mid-Hypsithermal period (7000 BP), mean water temperatures were 2.5°C higher than those today, and warm-water fauna distributions were continuous throughout the Gulf of St. Lawrence to New England. Furthermore, through to the Post-Hypsithermal period (3000 years ago), as sea levels continued to rise, outer coastal margins sank and shorelines rose, warm-water and coastal marine fauna became isolated from populations in the south. Current warm-water regions are restricted to the southern portion of the Gulf of St. Lawrence, the head of the Bay of Fundy, and south of Cape Cod, with pockets in western Nova Scotia, the Magdalen shallows, and southwestern Newfoundland (Bousfield and Thomas 1975; Steele 1983).

Global climate fluctuations have resulted in changes to species distributions (Bousfield and Thomas 1975; Steele 1983; Hewitt 2000). Some species became extinct in parts of their range, dispersed into new regions, or survived in refugial areas, later expanding their distribution when climatic conditions again changed (Hewitt 2000). *Menidia menidia* in St. George’s Bay may represent a relict population that existed throughout the Gulf of St. Lawrence region during the Mid-Hypsithermal period. Alternatively, the presence of *M. menidia* in St. George’s Bay may represent a new introduction or recent recolonization of this region. A phylogeographic study of *M. menidia* by analysis of mitochondrial DNA from specimens collected throughout Atlantic Canada may confirm the long-term separation of a refugial population or else a possible reintroduction of this species into southwestern Newfoundland.

At least two other fish species found in St. George’s Bay have distributions limited primarily to the south and southwest coasts of Newfoundland. The Eastern Banded Killifish, *Fundulus diaphonus diaphonus*, has only seven known, highly restricted, populations in Newfoundland waters (Chippett 2003*). With the exception of the Indian Bay watershed population, all populations are located on the south and southwest coasts of Newfoundland (Chippett 2003*), one of which was reported at Stephenville Crossing, St. George’s Bay (Squires 1951). Mummichog, *Fundulus heteroclitus*, a species very similar to Eastern Banded Killifish, are restricted to the southwest corner of Newfoundland, having been found in Piccadilly Bay, Port au Port Bay; just north of Port aux Basques; and the head of St. George’s Bay (Scott and Crossman 1964). Comparable population disjunctions are known for marine benthic algae (Hooper et al. 2002) and invertebrates (Bousfield and Thomas 1975).

Discovery of *Menidia menidia* in St. George’s Bay supports the Early Detection and Monitoring of Aquatic Invasive Species in Newfoundland and Labrador in High Risk Areas in detecting macrofaunal species previously unknown to exist in this province. Since its inception in 2006, this project has discovered two invasive colonial tunicate species previously unrecorded in Newfoundland and Labrador waters. In 2006, Golden Star Tunicate, *Botryllus schlosseri*, was found in several areas of northern Placentia Bay (Callahan et al. 2007). In 2007, *B. schlosseri* was also found in Hermitage, Fortune Bay, and Violet Tunicate, *Botrylloides violaceus*, was discovered in Belloram, Fortune Bay (Callahan et al. 2009; McKenzie et al. 2009). Further, the expansion in distributional range of European Green Crab, *Carcinus maenas*, has also been monitored since its discovery in Placentia Bay by local fishermen in 2007 (C. H. McKenzie, unpublished data).

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**Documents Cited** (marked * in the text)


**Literature Cited**


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